

ESTRADERM MX

OESTRADIOL

Application Tips

1. Remove Estraderm MX from the sachet and peel off the protective release liner.
2. Apply the patch immediately after removal from the pouch to an area of clean, dry, intact skin on the buttocks that will be covered by clothing.

The area of skin should be freshly washed and dried, with no moisturisers, oils, lotions or powders as these will stop the patch from sticking. Even soaps with a high cream content can prevent the patch from sticking. Creams and lotions can be used only after the patch has been applied.

Hot baths and steamy showers can also prevent the patch from sticking, if you wish to apply the patch after a bath or shower, wait 30 minutes to make sure your skin is completely cool and dry. Contact with water after application should not affect the patch if it has initially been applied correctly.

3. Apply the adhesive side of the patch to the chosen spot and press firmly in place for at least 10 seconds.

In the unlikely event that a patch should fall off it can be reapplied. If it fails to adhere, a new patch may be applied. In either case, the original treatment schedule should be continued.

- ✗ The patch must not be applied to the breasts, your waistline or skin that is very hairy or folded.
- ✗ The patch must not be applied to skin exposed to moisturisers, oils, lotions, powders or soaps with a high cream content.
- ✗ The patch should not be affixed twice in succession to the same site.
- ✗ The applied patch should not be directly exposed to sunlight or worn in a solarium.
- ✗ The patch must not be cut or torn.

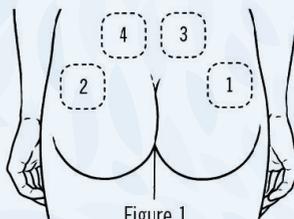


Figure 1

Suggested application sites:
1 & 2 first week, 3 & 4 second week,
1 & 2 third week etc.